to a healthier you and your pet, too.

Say YES to more exercise



Get moving together

- Take walks, jogs and hikes 3-5 days a week.
- •Get your cat active—shine a flashlight or wave a feather.
- Walk on different surfaces (e.g., sand or snow) to build stamina and strength.

Medical plans

Stay moving together with Nationwide® medical plans for dogs and cats that have you covered if your pet ever sustains an adventure-related injury, such as:

- broken bones
- poisonings
- cuts/lacerations
- much more

Say YES to preventive care



Get well together

- •Get a yearly physical and take your pet to the vet every 6-12 months.
- •Stop dental disease with cleanings, brushing and oral rinses.
- Keep immunizations up-to-date and make sure pets have proper vaccines and preventives.

Wellness plans

Stay well together with Nationwide wellness plans that provide easy-to-maintain pet wellness schedules, with reimbursement for everyday care, including:

- exams
- vaccinations
- flea/heartworm preventives
- much more

Say YES to a healthier diet



Eat better together

- A salad plate keeps your servings smaller, while a portion control feeder prevents pets from overeating.
- Check calorie counts on both people and pet snacks.



Stay better together with the 24/7 access Nationwide gives you to helpful information from veterinary professionals:

vethelpline Talk to a vet for any dietary question, concern or emergency.

A pet insurance plan can help your pet stay healthier. Get a free quote at SayYesForPets.com · 877-738-7874

